

## POTTY TRAINING POLICY

Issue Number	Reason for Issue	Issued by	Date
1	First issue	A Fuller	03-07-06
2	Revision	A Fuller	14-04-08
3	Revision	CJ Silverlock	4 -11-09
4	Revision	A Wolke	17-06-11

The staff at Sunshine are experienced in helping children to potty train. If you think your child is developmentally ready to start using the potty we will endeavour to support you and your child to the best of our ability. Potty training can be a very daunting process for parents but please be assured that our staff will work with you every step of the way to ensure the process is a smooth one. Please be aware that it can take longer for a child to potty train at nursery as there is so much more happening within the environment than at home. This is why we ask you to start potty training your child at home for a short period before it is introduced at nursery.

Please be aware of the following protocol that your child's key worker will follow.

1. Once you have introduced potty training to your child at home, we will start encouraging your child to sit on a potty at nursery. We will try to copy your routine as close as possible to maintain continuity for your child.
2. We request that your child arrives at nursery in a 'pull up' to encourage them to use them as 'pants/knickers' when using the potty rather than taking off a nappy.
3. Your child needs to wear suitable clothing when potty training (no belts, dungarees or baby grows).
4. Whilst your child is potty training their key worker will keep you informed on their progress. When you feel your child is ready to wear knickers/pants to nursery we ask that you discuss this with your child's key person.
5. At first, we will put your child back in pull-ups for relaxation and sleep time, until your child is dry throughout the day.
6. If your child has three accidents in one day they will be put back in to 'pull up' training underwear, and we will try again on their next session.
7. Accidents will be dealt with calmly, sympathetically and in a way which does not make the child think they have done wrong.
8. We request that if your child is potty training you bring in sufficient spare clothes for the staff to dress your child if they should happen to have an accident. (This includes spare socks)

We understand that due to changes in routines or at home some children may regress. If your child has been dry for a while and they begin to have accidents your key person will work with you and support your child through this time. They will not be put back into 'pull ups' as this may make them more insecure but will be encouraged more than usual to use the toilet.